

# Specialized College Services and Programs

(New York and Surrounding Areas)



## **Adelphi University - Bridges Program**

One South Avenue-Earle Hall B Lower Level

Garden City, NY 11530

Phone: (516) 877-4181

Email: [bridges@adelphi.edu](mailto:bridges@adelphi.edu)

Website: <https://www.adelphi.edu/bridges/>

*Bridges is dedicated to providing the highest levels of individualized academic, social, and vocational support services to Adelphi's neurodiverse students. This includes students who self-disclose that they are on the autism spectrum, or students who have other non-verbal or neurological-social disorders.*

## **Adelphi University - Learning Resource Program**

One South Avenue-Chapman Hall Lower Level

Garden City, NY 11530

Phone: (516) 877-4711

Email: [lrp@adelphi.edu](mailto:lrp@adelphi.edu)

Website: <https://www.adelphi.edu/learning-resource/>

*The Learning Resource Program at Adelphi University is a college support program dedicated to helping students with language-based learning disabilities and/or ADHD achieve their academic and personal goals. Using a supportive environment for academic and social success, the program delivers individualized sessions provided by educational and counseling professionals that focus on the strengths, talents and needs of the student. Services and supports also include collaboration with faculty, staff and campus-wide support services, fostering independence and integration consistent with the Adelphi University experience.*

## **Hofstra University - PALS Program**

Student Access Services

Suite 107 Mack Student Center

Hempstead, NY 11549

Phone: (516) 463-7075

Email: [SAS@hofstra.edu](mailto:SAS@hofstra.edu)

Website: <https://www.hofstra.edu/student-access-services/pals.html>

*The Program for Academic Learning Skills (PALS) provides eligible students with an opportunity to work one on one with a learning specialist on a weekly basis. These individualized sessions address unique educational challenges and help students develop supplemental learning strategies and time management and executive function skills, all of which encourage students to become independent, lifelong learners. PALS students agree to a one-year commitment, but continue to have access to a learning specialist throughout their academic career at Hofstra.*

**Mitchell College - Thames**

437 Pequot Ave  
New London, CT 06320  
Phone: (860) 701-5178  
Email: lamiotte\_j@mitchell.edu  
Website: <https://mitchell.edu/thames/>

*Thames at Mitchell College is a holistic college transition program for students with learning differences or students who would benefit from additional preparation to succeed in college—and it's right on the campus of Mitchell College, which has been long-recognized for its innovative support for students with learning differences. This unique program offers a highly individualized learning environment and a strong social network that feels safe and supportive.*

**Nassau Community College - ASPIRES Program**

One Education Drive  
Garden City, New York 11530  
Phone: (516) 572-7278 Ext: 26312  
Email: Frances.Viscovich@ncc.edu  
Website: <https://www.ncc.edu/campuservices/aspires.shtml>

*ASPIRES was developed to give support with transition and managing the college campus for individuals with Autism Spectrum Disorder. The program provides academic support, assistance in executive function skills and social relationships. The goal of this program is for each student to graduate with an associate degree, have the option to continue their education and/or be competitively employed. Regents diploma or local diploma required.*

**Rutgers University - The College Support Program**

152 Frelinghuysen Road-Center for Adult Autism Services  
Piscataway, NJ 08854-8020  
Phone: (848) 445-2000  
Email: csp-info@rutgers.edu  
Website: <https://rcaas.rutgers.edu/CSP>

*The College Support Program (CSP) is a unit of the Rutgers Center for Adult Autism Service (RCAAS). The CSP supports Rutgers University students on the autism spectrum as they begin, continue and prepare to graduate from the University. It is a comprehensive program that assists students through the provision of direct support and collaboration with University services that address executive functioning, social competence, academic skills, self-care, self-advocacy, and career preparation.*

## **Saint Joseph's University-Transitions Program**

155 W Roe Blvd

Patchogue, NY 11772

Phone: (631) 687-1426

Email: [kblumenthal@sjny.edu](mailto:kblumenthal@sjny.edu)

Website: <https://www.sjny.edu/long-island/student-life/student-services/student-accessibility-services/transitions>

*The Transitions program was designed to help students navigate their journey into higher education by providing a supportive network and environment. It aims to provide individualized, effective and socially inclusive support services to students.*

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